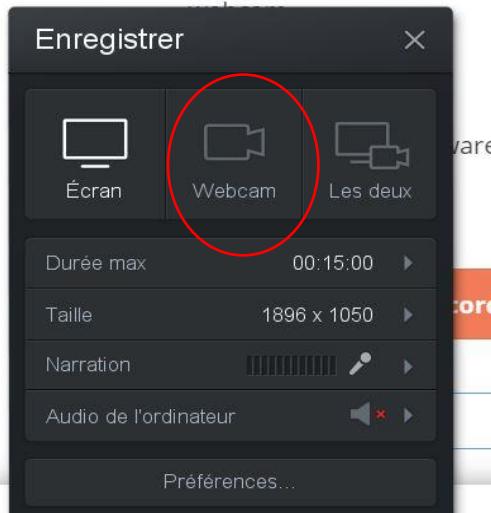


Step 1 : Click on

Launch Free Recorder

Step 2 : click on ouvrir...

Step 4 : Choose...



Step 5 : Click on record (red button)



Step 7 : Save your video...

Step 8 :



Step 9 : Give a name and click publier



Step 10 : The video is on your desk

