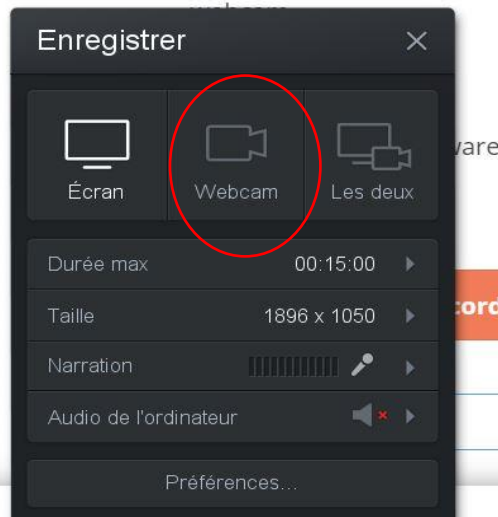


Step 1 : Click on

Launch Free Recorder

Step 2 : click on ouvrir...

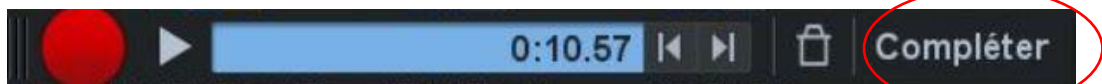
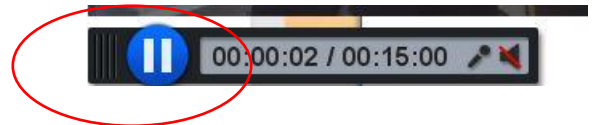
Step 4 : Choose...



Step 5 : Click on record (red button)



Step 6 : Click on compléter



Step 7 : Save your video...

Step 8 :



Step 9 : Give a name and click publier



The screenshot shows a dark-themed dialog box titled "Video File" with a film reel icon. Below the title, it says "Sélectionner les options de publication :". There are four rows of options, each with a label on the left and a value on the right: "Type:" with "MP4", "Nom du fichier:" with "Video name", "Dossier:" with "Desktop", and "Sous-titres ouverts:" with "None". A large green button labeled "Publier" is centered below these options. At the bottom, there is a small line of text: "OpenH264 Video Codec fourni par Cisco Systems, Inc." and a "Retour" button.


Option	Value
Type:	MP4
Nom du fichier:	Video name
Dossier:	Desktop
Sous-titres ouverts:	None

Publier

OpenH264 Video Codec fourni par Cisco Systems, Inc.

Retour

Step 10 : The video is on your desk



The screenshot shows a light-themed dialog box titled "Publier sur Video File" with a film reel icon. Below the title, there is a blue button labeled "Video name.mp4" with a green checkmark to its right. Below this, there are three buttons: "Play Vidéo", "Parcourir le dossier", and "Copier Chemin". At the bottom, there is a large white button labeled "Fait".

Publier sur Video File

Video name.mp4 ✓

Play Vidéo

Parcourir le dossier

Copier Chemin

Fait